

Food/Toiletries Drive



How Can I Be Involved?

The SHC is **always** looking for people to help provide our clients with food and toiletries. It's one of the **easiest and most effective** ways to give to those who are struggling in our community.

When you organize a drive for the SHC, you assist our friends and neighbors with meeting their basic needs with nutritious food and supplies that they often need. Hosting a food or toiletry drive makes a real difference!

5 Steps to Hosting Your Own Drive:

- 1.) Get a list of needed items from the SHC (full list below), and schedule a day and time to drop off the collected items from our Volunteer Coordinator, Jen. (Sorry, we do not have the resources to do pick-ups.)
 - Email Jen at jmerrill@shcinc.org, or call (617) 623-6111.
- 2.) Decide on the people you would like to ask to contribute.
 - Do you want to ask your neighbors to contribute? Your coworkers? People from your school?
- 3.) Decide on the days you would like to hold the drive – perhaps a week, or a weekend?
 - For example, at work or school, you can hold it over the course of a week (Monday through Friday); people can give the items to you in a designated space during the hours you specify.
- 4.) Advertise the drive.
 - Do you have an e-mail list, or Twitter account? Tell your audience a week in advance, letting them know what items are needed, the dates/hours/place they can drop them off, and why this drive is important to the SHC.
- 5.) At the end of the drive, thank the participants and drop off the collected items at the SHC.
 - Make sure those who've helped you know how important they are!

*Thank you for considering holding a food/toiletries drive on our behalf!
Please feel free to contact us at any time with questions.*

Items We Need

Food suggestions:

Protein or fruit bars
Dry cereal or granola
Peanut butter
Dried fruit
Nuts
Crackers
Canned juices
Non-perishable pasteurized milk
Food for infants/toddlers
Baby food
Canned meat & fish
Canned fruit & 100% fruit juice
Canned pasta, stew, chili, hearty soup
Canned tomatoes, vegetables, pasta sauce
Pasta, white & brown rice, dried beans
Cold cereal, oatmeal, pancake mix
Powered or evaporated milk, Parmalat
Toilet paper & paper towels

****Please include low-sugar and low-sodium foods for special needs population.***

Personal/household items:

ALL SHOULD BE NEW:

Boxers/underwear/ladies underwear, new and in packaging
Socks, new and in packaging
Bras, new and in packaging
Twin/Full/Queen flat and fitted sheets, new
Bath towels
Diapers, Pull-ups
Pillow cases
Comforters
Liquid dish soap
Laundry detergent
Personal packets of tissues
Moist wipes
Baby wipes
Charlie cards
Gift cards (Target, CVS, etc.)

Toiletry items:

ALL ITEMS SHOULD BE NEW

Toothpaste/toothbrush
Shampoo/conditioner
Razors & shaving cream
Bars of soap, bottles of body wash
Face cloths
Deodorant
Tampons/pads/panty liners
Alcohol-free mouthwash



*Sample-size are accepted.

We're sorry, but we cannot accept baby formula, frozen or glass-encased items.