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SOMERVILLE 5K

WS

16TH ANNUAL SOMERVILLE HOMELESS COALITION ROAD RACE
SATURDAY, OCTOBER 1, 2011, 9AM (RAIN OR SHINE!)

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**16th ANNUAL
SOMERVILLE HOMELESS COALITION ROAD RACE
SATURDAY, OCTOBER 1, 2011, 9 AM**
*to benefit the Somerville Homeless Coalition,
serving Somerville since 1985*

Mail registration form to
SOMERVILLE HOMELESS COALITION
PO Box 440436, Somerville, MA 02144
All pre-registrations must be postmarked by September 23

Name _____ Age on race day _____
Address _____ Sex _____
City _____ State _____ Zip _____
email address: _____
Are you running, walking or in a wheelchair?
Running _____ Walking [untimed] _____ Wheelchair _____
Clydesdale division (males 190 lbs. +) _____
Filly division (females 140 lbs. +) _____
Team Competition: enter as part of a team of 5 or more runners.
Team Name: _____

Entry Fee @ \$25.00 _____

I would like to contribute an additional amount to the Somerville Homeless Coalition _____

Pledge money I have raised _____

Amount enclosed: _____
(please make checks payable to Somerville Homeless Coalition)

T-shirt size (please circle): SM MED LG XL XXL
High quality T-shirts FREE for the first 500 registrants.

WAIVER: In consideration of acceptance of this entry, I hereby for myself, heirs, executors, administrations, waive and release all and any rights and claims for damages I may have against the Somerville Homeless Coalition, Inc., The City of Somerville, sponsors, race officials, organizers and volunteers associated with this event for any injury that may occur as a result of my participation in this event. I also give permission to use my likeness and publish my name in the news media.

SIGNATURE: (parent or guardian if under 18)

START: 9:00 am sharp! (rain or shine)

ENTRY FEE: \$25.00

REGISTRATION & CHECK IN: On race day 7:30 — 8:30 am Holland Street, in front of MBTA Red Line T-Stop, Davis Square, Somerville. Wheelchairs must pre-register by September 23 to ensure safety precautions with local police.

NEW THIS YEAR! Early number pick-up available the week before in Davis Square. Details on pick-up option will be e-mailed at a later date.

DIRECTIONS TO DAVIS SQUARE: From Mass Pike (I-90) exit I-95/ Rte 128 north to Rte 2. Exit Rte 2 east to Rte 16. Left on Rte 16 at traffic lights. Go to second set of traffic lights on Rte 16, take a right on Broadway (supermarket on far right corner). Go 2 sets of lights, bear right on Holland Street (Rudys — mexican restaurant on right) Go approximately 1/4 of a mile, the MBTA Red Line T-Stop is on right. Please note: there is a municipal parking lot on the right just before the T-Stop.

Take the T! We are located at the Davis Square stop on the Red Line. We offer bag check-in during the race.

COURSE: Urban, varied terrain, arrows at all turns, mile-markers. 5K (3.1 miles). Certification # MA09023JK

RESULTS: Professional, computerized **CHIP TIMING (new this year!)** and results by Spittler Race Systems.

AWARD CATEGORIES FOR RUNNERS:

19 and under; 20-29; 30-39; 40-49; 50-59; 60-69; 70+; Clydesdales, Fillys, and wheelchairs. Trophies awarded to top overall male and female, and to top team. Prizes will be awarded to top male and female in each category; medals to the top three place finishers.

T-SHIRTS: High quality T-shirts FREE for the first 500 registrants (please specify desired size on registration form at left).

POST RACE: Great brunch! Awards ceremony.

COURSE RECORD HOLDERS (new course in 2008):

M — 15:31 Maurits Van der Veen (1999)
F — 17:30 Mariko Holbrook (2008)
M Wheelchair — 22:28 Chris Ahearn (2003)
Team — 1:22:35 Somerville Road Runners (2008)

For your safety and that of your fellow runners, we ask you to refrain from wearing headphones during the race, nor run with your dog. We ask that anyone running with a baby stroller start at the back of the race.

For more information, please call Mark at the Somerville Homeless Coalition (617) 623-6111
maf@shcinc.org
www.shcinc.org

VOLUNTEERS!

Please contact us if you would like to volunteer on race day.

All proceeds from the race benefit the Somerville Homeless Coalition, an innovative non-profit organization that provides a wide range of social services to the Somerville area's homeless, near-homeless and working poor. The Coalition is committed to providing those in need with a range of services including emergency shelters, permanent housing for formerly homeless, educational services, food pantry and meal services, and comprehensive case management.

THE STEVE BURTON AWARD

AWARDED TO THE RACE PARTICIPANT WHO RAISES THE HIGHEST AMOUNT IN PLEDGES.

Raise over \$100.00 and enter the race for free!
Raise over \$250.00 for free entry and a free runners cap!

Pledge money must be presented in full at registration to qualify for free entry and/or award

Steve Burton was instrumental in the success of the Somerville Homeless Coalition 5k race. A participant the first year of the race, Steve returned the second year as a member of the race committee and brought with him a runner's perspective as well as a great eye for detail and ideas. The race grew from less than 100 runners to nearly 500 within a few years. Steve also co-directed the Somerville Road Runners' Thanksgiving day race for several years, another great success. Through these races and their sponsors and the thousands of runners, from near and far, who participated in them, tens of thousands of dollars were raised annually for the benefit of the Somerville community. Steve was himself a passionate and accomplished runner, an enthusiastic volunteer and had a great love and appreciation of music and photography.

Steve passed away in 2006 at age 54 from kidney cancer.

	Donor	Amount
0	Jane Example	\$50.00
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Raise pledges:
www.active.com/donate/somervillehomelessco



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