



MONDAY NIGHT COMMUNITY MEAL:

We serve about 50 people each Monday. The meal is grab-and-go, so we need 50 individually packaged meals.

We ask that the meal be hot and either vegetarian or chicken based. We can add water, plasticware and fresh fruit to the packages if needed to make for a balanced meal. We can also furnish you with disposable containers for packaging the meal.

As a sample menu (these are just examples):

- roasted chicken
- baked potato
- steamed broccoli
- roll

Or perhaps:

- baked ziti with cheese
- lightly dressed salad
- roll

The meals are served at 4:30 at the First Church in Somerville (89 College Ave). You may cook at the church from 2:30 onwards, and a Project SOUP staff member will be present as the Certified Food Safety Manager onsite. We will also share food safety guidelines with you in advance.

Catering a meal is also an option. 4:00 pm dropoff is ideal, or we can assist by picking up if necessary.

For questions, or to sign-up to cook the meal, please email Niedra at nstevens@shcinc.org.