



Food Resources for Somerville Families

Community Fridges

Free food for everyone
35 Prospect St (Union)
36 Sewall St (East)
33 Clement St (Medford)
info at:
linktr.ee/SomervilleFridge

Daily Table

A non-profit supermarket that
provides low-cost, high-quality
food to communities in need.
684 Mass Ave, Cambridge
(617)945-1924
dailytable.org for info

Taxi to Health

Free taxi transportation to
food pantries, grocery stores
and medical appointments
for Somerville residents.
Registration Required
<https://tinyurl.com/somervillecab>
call Alissa at 617-625-6600 x4321

Project SOUP

Food Pantry at 165 Broadway (617) 776-7687
Open hours: Tuesday 10am-4pm
Wednesday and Friday 10 am - 3pm
Thursday 2pm-7pm
Saturday 9 am - 12 pm
Proof of address in Somerville is required (can be a bill).

MAMAS

Mutual aid organization
providing grocery assistance
www.mutualaidmamas.com
Hotline (call or text): (339)545-1315

Food4All

Food Pantry at 59 Cross St
Open hours: Tuesday 8:30 am - 12:30 pm
(617)776-7515

Elizabeth Peabody House

Food Pantry at 277 Broadway
Open hours: Wednesdays 6pm - 8pm
(617)623-5510 www.teph.org/food-pantry

Mystic Market

Appointment only food pantry at 291 Mystic
Ave, Medford (617) 629-5120
Make appointments at
<https://mv-ymca.org/food-security/mystic-community-market>
No identity or residency documentation needed

Come to the Table

Free community meal and groceries open to all,
by Project SOUP
Second and Fourth Wednesdays of Each Month
149 Broadway (Connexion Church)

Monday Night Meals

Free community meal open to all,
by Project SOUP
Monday Evenings 4 pm - 6 pm
89 College Ave
(First Congregational Church of Somerville)

Dormition Family Table

Free community meal open to all by Dormition of the Virgin Mary Church
First Wednesday of Each Month, 4pm - 6pm
29 Central St

For more information and resources, call Sean at (617) 625-6600 x4325 or visit our
website at sommervillefoodsecurity.org

