



Canned Food

Cooking oil (any type)
Instant coffee
Tea bags
Rice
Pasta
Gallons of Juice (like orange/apple)
Chips (all types)
Crackers (like Wheat Thins)
Juice boxes
Fruit cups
Apple Sauce
Canned Meats (Chicken, Solid white tuna)
Dry or Canned Beans
Cereal and Oatmeal
Peanut Butter
Non-peanut nut spreads
Canned Fruit/Vegetables
Powdered Milk
Sugar
Flour

Household Items

Laundry detergent (liquid or powder)
Dish Soap
Toilet Paper/Paper Towels

Toiletries & Baby

Baby wipes
Diapers (Child & Adult sizes)
Toothbrush
Shampoo
Body wash or soap
Feminine hygiene products
Male/Female deodorants
Shaving razors

Canned Food/Toiletries Drop-off: Project SOUP, 165 Broadway, Somerville, MA, 02145

Open Hours: Mon 9-3 | Tue 10-4 | Wed 9-4 | Thu 11-7 | Fri 9-3 | Sat 9-12