



## Food Pantry Needs

### Food & Perishables

- Cooking oil (any type)\*
- Instant\* or ground coffee
- Tea bags\*
- Pasta (especially spaghetti)
- Gallons of juice and juice boxes
- Chips
- Crackers\*
- Salad dressing\*
- Condiments (mayo, mustard, ketchup)\*
- Jams, jellies, and honey\*
- Fruit cups and apple sauce
- Candy or sweets
- Canned meats (chicken, solid white tuna)
- Shelf-stable soups and ramen\*
- Dry or canned beans
- Cereal and oatmeal
- Peanut butter and non-peanut spreads
- Fresh fruit or vegetables
- Bread

### Baby Items

- Wipes\*
- Diapers, size 1, 2, 3, 4\*, 5\*, 6
- Pull-ups\*
- Formula
- Purees and other baby food

### Toiletries

- Toothbrush\*
- Toothpaste
- Shampoo and conditioner\*
- Body wash or soap\*
- Pads and \*Tampons
- Male/Female deodorants
- Shaving razors\* and cream\*
- Adult diapers, size S & L
- Incontinence pads

### Household Items

- Laundry detergent (liquid or powder)\*
- Dish soap\*
- Dish sponges
- Hand soap\*
- Toilet paper\* and paper towels (individual or jumbo packs)\*
- Tissues (travel packs or boxes)\*
- Can openers
- Reusable, plastic, or paper grocery bags (with handles please!)\*

### Check out our Amazon Wish Lists!

Scan Here  
or visit:  
[Linktr.ee/somervillehomelesscoalition](https://linktr.ee/somervillehomelesscoalition)



\* *High needed item*

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**Donation Drop-off Location:** Project SOUP, 165 Broadway, Somerville MA 02145

**Drop-off Hours:** Mon 9-3 | Tues 10-4 | Wed 9-4 | Thurs 11-7 | Fri 9-3 | Sat 8-11

**Questions?** Give us a call at (617) 776-7687